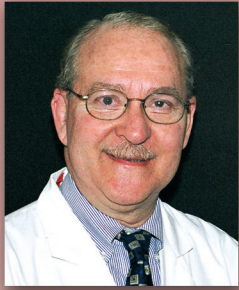


Turning Back the Clock



By Dr. Pichler

FACIAL FILLERS and INJECTABLES

As we age, our skin becomes more susceptible to wrinkles and sagging. Sun exposure, gravity and years of muscle movement (i.e., smiling, chewing, and squinting) also contribute to tissue breakdown and loss of elasticity of the skin. Fortunately, there are many innovative, cosmetic procedures that can help ease this aging process and sustain one's youth.

Facial fillers are some of the most popular and effective non-surgical options that are available to achieve a more youthful look. These are also known as "dermal fillers" and "injectables". They are all FDA approved and found to be quite safe. There are two main classes of injectables. One type is Botox, which prevents tiny muscles of the upper face from excessive movement which create unwanted creases and lines. The results take up to a week to finalize. All the rest of the injectables, listed below, are used to fill out depressions, creas-

es or scars or to enhance one's lips (hence the name "fillers"). These results are immediate.

Injectables are administered through a few tiny injections on specific areas of the face with the aid of topical or local anesthesia so there is minimal discomfort. The procedure is done in an office setting and usually can be performed at the time of the initial consultation.

Injectables require minimal downtime, allowing patients to return to work and their normal activities directly following treatment. For the first 24 hours, you may be instructed to refrain from strenuous activities and avoid excessive sun or heat exposure.

These are the most popular injectables available in the United States:

Juvederm: Made of a hyaluronic acid gel, a natural substance found in skin. It is designed to correct moderate to severe facial wrinkles and folds.

Botox Cosmetic®: As a derivative of Botulinum toxin type A, Botox® temporarily blocks unwanted muscle movement.

Restylane and Perlane®: Both are non-animal, biodegradable gels composed of hyaluronic acid.

Radiesse® (formerly known as Radiance): This is a synthetic dermal filler made of calcium hydroxyapatite. It is used for the correction of moderate to severe wrinkles and folds. This injectable is longer-lasting (up to a year or longer) because the body forms collagen around the microspheres; adding bulk to the injected areas.

Evolence®: One of the newest. Porcine (pig) collagen derived; non allergenic (does not require skin test). This may last close to a year.

Collagen (Zyplast/ Zyderm): A soft-tissue filler made from purified cow skin (bovine) Collagen injections are losing their popularity as they require a prior skin test and do not last long as the other injectables.

The main difference among these treatments is the length of time they last and how much they cost. A qualified doctor can help to determine which facial filler will provide the most optimal and cost effective rejuvenating results for a given person.

Editor's note: If you have any questions or comments, Dr. Andrew Pichler can be reached by phone 965-3223, email docapichler@hotmail.com or through their website: www.facedr.com.

Look as Young as You Feel!



Facial & Cosmetic
Surgery
Center of the North Area

Andrew G. Pichler, M.D., F.A.C.S.

Certified, American Board of Facial Plastic and Reconstructive Surgery



6633 Coyle Ave., Ste 2 • Carmichael
(916) 965-3223 (FACE)
www.facedr.com



Financing Available O.A.C.

Monday-Thursday: 9-4 • Friday: 9-1

Specializing
in Facial Surgery
Since 1972.

- Rhinoplasty (Nose)
- Chin/Cheek Implants
- Otoplasty (Ears)
- Face Lifts
- Eyelid Tucks
- Botox, Perlane
- Forehead Lines/Brow Lift
- Restylane/Radiesse (Fillers)
- Lip Enhancement
- Glycolic/Blue Peels
- Laser Skin Resurfacing
- Evolence (Fillers)

\$50 OFF
Injectables
& Fillers

*Not valid with any other offer.
Expires 6/30/09.*

FREE
Consultation

A \$65 Value

*Not valid with any other offer.
Expires 6/30/09.*

